

# Understanding Your Identity in Christ

The central theme of the Christian Life rests on two intersecting axes of one's **Identity in Christ**. The first is your "**Confidence**" in Christ's sufficiency to save you apart from your own self-efforts, and the second is the "**Control**" you allow Him to have over your daily life. These two factors determine whether your Christian Life is lived in victory or defeat, arrogance, and resentment.

## Instructions:

Answer each of the following 20 questions by marking them as either "**Mostly True**" or "**Mostly Untrue**." Base your answer on your *initial* response rather than what you think the correct answer *should* be. Being honest rather than "correct" will best help.

### Mostly True - Mostly Untrue

1. Christians need to follow a moral code to avoid damaging their relationship with God.	B ____	A ____
2. I don't always feel loved by God because if God really loved me He would help me more.	D ____	C ____
3. Christians are freed from having to keep any of the Old Covenant laws and/or regulations.	A ____	B ____
4. I often let circumstances influence my thoughts & feelings rather than trusting in God.	D ____	C ____
5. I don't hold grudges – I can freely forgive people who have hurt me throughout my life.	C ____	D ____
6. I often get frustrated in traffic, waiting on people, or when things don't go my way.	D ____	C ____
7. God doesn't demand perfection. He just wants us to do our best to live the Christian-Life.	B ____	A ____
8. Even when I've blown it, I know God accepts me for who I am rather than who I <i>should</i> be.	A ____	B ____
9. I often worry about not having enough of something: love, respect, or control of things.	D ____	C ____
10. God loves me more when I'm good, which is why He's disappointed when I'm bad.	B ____	A ____
11. I really pride myself on being self-sufficient; it bothers me when others see me vulnerable.	D ____	C ____
12. When I suffer I can't help but think, "God is punishing me for something I've done wrong."	B ____	A ____
13. We are saved by God's grace, but after that it's up to us to keep ourselves saved.	B ____	A ____
14. I really struggle with feelings of inadequately – I worry I'm not good enough.	D ____	C ____
15. The Christian Life is lived by following the principles Jesus taught in the four gospels.	B ____	A ____
16. I'm easily offended by people who claim to be Christian but then don't live like they are.	D ____	C ____
17. When my life isn't going right, I have a hard time trusting God has my best interests.	D ____	C ____
18. Regardless of my failures to live the Christian Life, God sees me as righteous as Jesus.	A ____	B ____
19. I struggle with accepting loss, change, or with giving control of things over to others.	D ____	C ____
20. There's nothing we can do to get God love us more than He already does.	A ____	B ____

# Scoring Your Identity in Christ:

Total the occurrence of each letter from the questions and place each total below by the corresponding letter. Then draw a line on the grid through your number for each letter. You should have two vertical and two horizontal lines that intersect to form a square. The area within the square reveals your identity in Christ based on control and confidence in either God or self.

A \_\_\_\_ B \_\_\_\_ C \_\_\_\_ D \_\_\_\_

		AXIS OF CONTROL																															
		"GOD"									"SELF"																						
"GOD"	AXIS OF CONFIDENCE	<p><i><b>LIVING IN CHRIST</b></i></p> <p>Living dependent upon Christ alone to be your righteousness apart from human self-efforts. Abiding in Christ's life by allowing Him to live His life in and through you as your reasonable act of worship.</p>	A																														
			10																														
			9																														
			8																														
			7																														
			6																														
			5																														
			4																														
			3																														
			2																														
		C	10	9	8	7	6	5	4	3	2	1	2	3	4	5	6	7	8	9	10	D											
"SELF"	<p><b>LIVING IN the Wilderness</b></p> <p>Continually striving to earn and maintain your right standing before God through your own human efforts. Living by the principles of Christianity rather than living in dependency on Christ to be your righteousness apart from the works of the law.</p>	2																															
		3																															
		4																															
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Your identity in Christ is the blend of your perceived relationship with God, along with the level of control you're willing to surrender to Him. The goal of this assessment is to help you better understand how one's identity drives their ability to let God live in and through their individual human experience. By giving the control of our lives to God, we invite Christ to write His story in our lives as an expression of our regenerated life in Him. This is the essence of the definition of faith and central theme of the Christian Life, which the apostle Paul stated as, "...our reasonable act of service." (Rom 12:1)